



# CDC/HRSA ADVISORY COMMITTEE

On HIV, Viral Hepatitis and STD Prevention and Treatment (CHAC)

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# Community Engagement Clinical Peer Educators

2019 DHS Consumer Training defined Peer Educators/Quality Advocates as:

1. Self-managing patients
2. Comfortable with data
3. Effective communicators
4. Comfortable with technology
5. Effective and supportive team members
6. Quality improvement literate

Important Terminology for Consumers to Understand:

- Antiretroviral (ARV) therapy (ART) ~ Medications
- CD4 (T-Cell) Count
- Viral Load (HIV RNA) ~ Amount HIV in the body
- Virally Suppressed = Undetectable (Not Cured)



# COMMUNITY PARTNER QUALITY IMPROVEMENT PROJECT “ECHO PROJECT”

Southern Regional - AHEC, Region 5 Report

Subpopulation: MSM of Color

# SOUTHERN REGIONAL AHEC PEER TO PEER COUNSELING

(The Ongoing Data Speaks)

Patient Name: Dingleberry, Joe Blw MRN: 0123 DOB: 01/13/1988 Date of Visit: 06/01/19

**Southern Regional AHEC Peer to Peer Counseling**

Please circle (YES/NO) to all topics available during visit:

Peer Counseling	Yes	No
Please circle topics you need to discuss general information no personal information:	<input checked="" type="radio"/>	<input type="radio"/>
Disclosures Substance Abuse Stress/Heart Healthy Kidney/Bone Density		
Comprehension of Labs Nutrition Hepatitis (A, B, C) Mental Health		
Women <input checked="" type="radio"/> Male Health <input checked="" type="radio"/> Safe Sex Practice <input checked="" type="radio"/> Dental Diabetes		
<input checked="" type="radio"/> Community Resources/Support System		

\*Please refer all issues to Medical Case Manager\*

Other (Any topic not listed that you would like to further discuss) Medication - Biktarvy

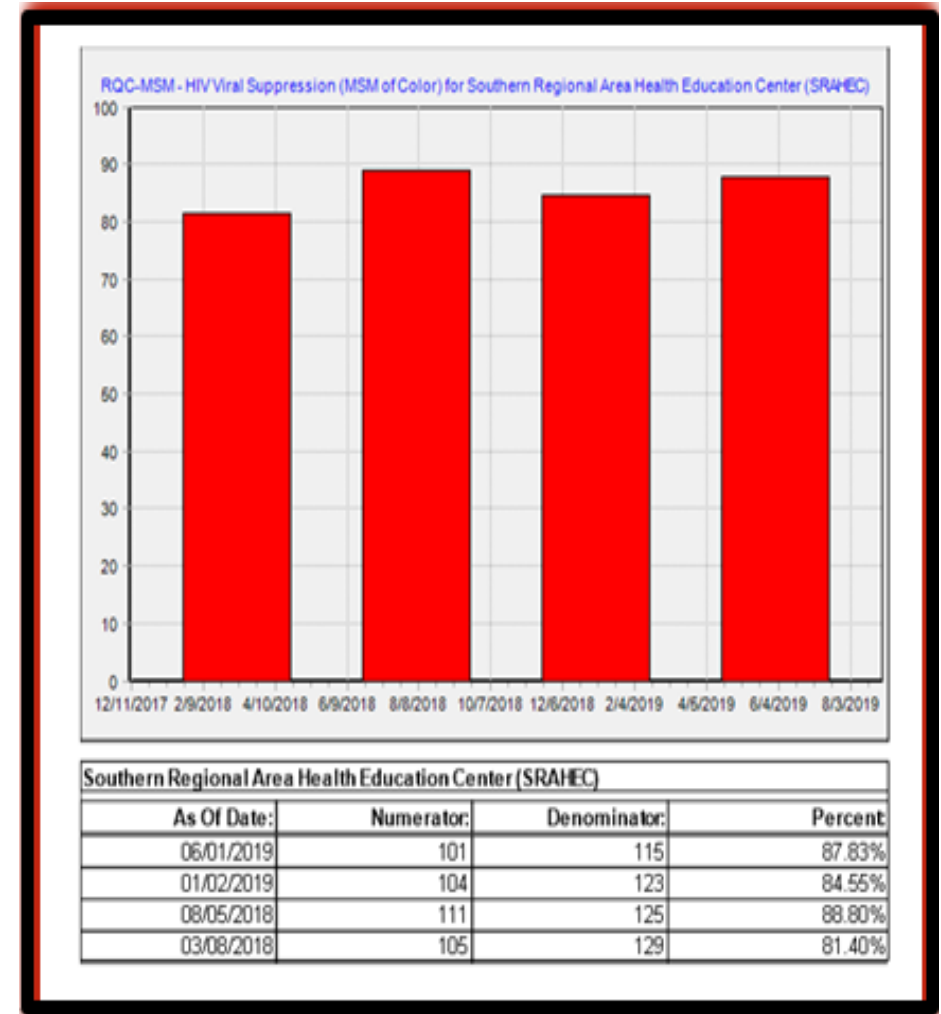
ECHO Project (VL)  
06/01/19 - 320 copies Initial Contact with Consumer. Peer built rapport and introduced consumer to ECHO. Also explained Viral load, Viral suppression = Undetectable.

Peer Counselor Documentation (what was discussed during visit and how issues was handled):

- Consumer reports feeling well for the most part, but reports missing about 2-3 doses of his medication a week. Peer discussed this with consumer, but also reported to Case Manager.
- Peer and consumer discussed safe sex and Peer provided consumer with condoms and lube.

Time In: 10:20am Time Out: 10:36am

Peer Counselor Signature: [Signature], Ph.D.



# EDUCATIONAL GROUP LEVEL INTERVENTION

We have a program that is HIV Peer Facilitated by 3 employees of Southern Regional AHEC (SR-AHEC). We serve consistently 25 PLWH (not limited) at the group level from the across the North Carolina Region 5 which serves nine counties. Meetings are held in non-clinical setting built through partnership with a church in the community, Williams Chapel Church.

A Few of the education topics:

- HIV 101
- STD & STI Awareness and Prevention
- Health Insurance
- Breaking Stigma
- Abuse (Sexual, emotional, and physical)
- Health, Wellness, & managing Comorbidities
- Cultural and Spiritual Awareness



# RECOMMENDATIONS FOR STRENGTHENING COMMUNITY ENGAGEMENT

1. Funding for Group Level Intervention: Groups that provide education in the clinic and beyond the clinical setting. Also set the guidelines for the funding that will challenge states and agencies to extend beyond the status quo support group.
2. Funding for PrEP & PEP. But especially for funding PrEP Clinics for all agencies whether prevention or care. Education to consumers means little with no resources or connection.
3. Programming and funding that does not forget Cis gender women. (MSM and Trans dominated)
4. Funding for Campaign/Commercial/ Programming for a National Message in Ending the Epidemic.  
Abstinence & Virginitv (Youth)  
Past (FEAR), Present (One Pill a Day & PrEP), Future (ETE not a relaspse "FEAR")



*Thank You!*

